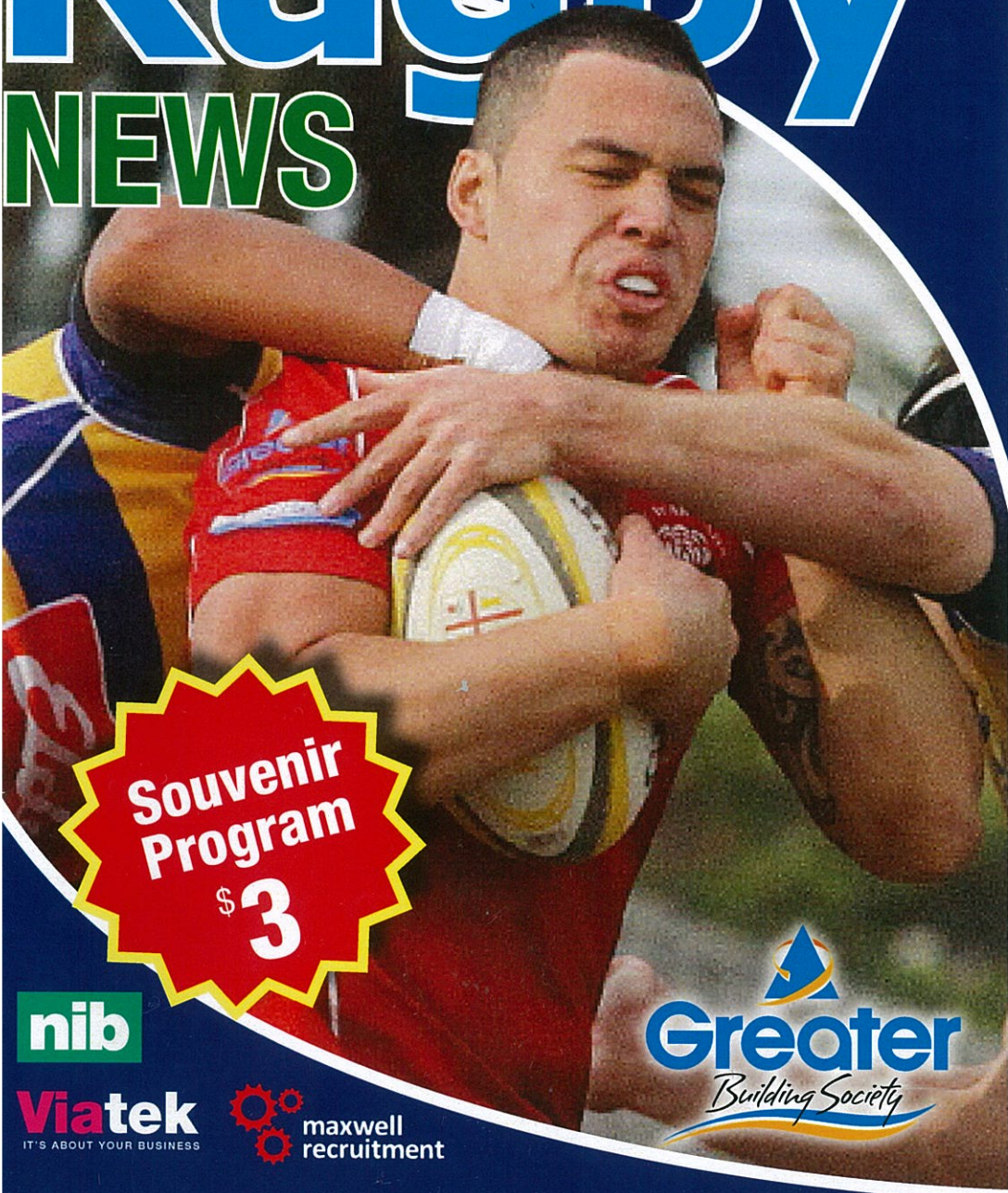


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NHRU

GRAND FINAL
Saturday 14th September 2013

Rugby

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Newcastle & Hunter Rugby News,
is published by Port Stephens Printing by
arrangement with Newcastle & Hunter
Rugby Union for the information
of the rugby community in Newcastle and
Hunter Valley.

Compiled and edited by -
David Munro 0431 484 292

Printed by -
Port Stephens Printing
52 Kirrang Drive, Medowie 2318

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Editorial comments expressed in Rugby
Roundup are those of the author and not
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The publisher is responsible for editorial
comment expressed in Rugby News.

Circulation - Available electronically each
Thursday and at rugby
games throughout the zone.

Cover Picture -
*The Waratahs Troy Nicho all wrapped up by Hamilton's
defence in the Major Semi Final.*

Pic Courtesy of Carl Diespecker

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President Message

It is with great pleasure that I welcome you to Newcastle and the Hunter's Home of Rugby for the Premier Grand Finals today.

2013 has been an outstanding season for the Union and I take this opportunity to highlight to you some of the successes we've enjoyed during the year.

Our continued success in the Country Championship is the highlight of our season, to record a sixth straight Caldwell Cup is unprecedented and to add to that record is high on the Union's agenda for 2014. And a great result for the Colts team in Tamworth as Joint Winners

To the players and the Representative Coaching and Management team at both Senior and Colts levels goes our heartfelt thanks for an outstanding effort, you've set the bar high and as a Board, we'll do our utmost to keep it there.

Following the success of the Scotland Test in 2012, and after much lobbying by the Union, the Australian Rugby Union brought the Combined NSW / Qld Country tour match against the British and Irish Lions to Newcastle and again the crowd support illustrated we deserve more High Level games.

No.2 Sportsground, now in its second season of operation, has been used extensively throughout the year and the ground surface will only get better.

The local competition has been an outstanding success during 2013, with seven Clubs still in the Premier 1 race deep into the competition. Easts return coincided with Singleton's decision to rebuild through First and Second Divisions - a very difficult decision at the time, but one which now, with the winning of two Major Premierships, has been somewhat vindicated in the Club's aim for an eventual return to the top tier. Singleton's path this year is one which other Clubs may have to look at in an attempt to rebuild.

To the Minor Premiers in all Grades I offer my congratulations and to those clubs who have already held Major Premiership trophies aloft I congratulate also.

To the trophy winners from a few weeks ago, especially Anderson Medal winner Palu Palupe who epitomizes what enthusiasm and determination for our great game can do go the accolades of the whole Newcastle & Hunter rugby community.

To the Union's administrators, Fenton Coull and his team my thanks for your professional effort, at times under duress.

The match officials contribution is deserving of credit also, their continued quest to improve their standard and build their numbers as the sport grows is commendable.

In closing, to the teams on show today, play the game within the Laws, play it hard and enjoy the occasion together with all the rewards our great game can bring.

Phil PAYNE - President

General Manager's Message

Welcome to the 2013 Greater Newcastle and Hunter Rugby Union Premier Grand Finals.

First, congratulations to the Major Premiers from last Sunday in their Grand Final wins at Marcellin Park - Muswellbrook in A and Singleton in B and C Grades

Its that time of year to extend thanks to many people and organisations who contribute to the success of the NHRU season. These include, our very supportive sponsors - major sponsor The Greater, and NIB, Maxwell Recruitment, Viatek, Orica, Panthers and Business Communications - and to long time supporters Tooheys, James Estate Wines, NBN Television, Newcastle Herald, radio 2HD and the Hawthorne Club - many thanks.

To all the Clubs of the Union, a big thank you - specifically, to those people who put in countless hours to ensure the successful running of Clubs - Saturdays just wouldn't happen without you.

Finally, my thanks to the other people who contribute so much to the rugby season - the NRURA, referees, ref coaches, video operators Bob (Dinger) and Trevor during the season and BarTV for Finals Series; our official photographer, Carl Diespecker; Phil Payne and the NHRU Board; the Rep. Coaching staff; printer Darby Munro and his staff; Kym and Jan in the NHRU Office; Gareth Wasik for media work; Mark Davison and Judiciary members; Greg Wilson as Citing Commissioner; Brian Rudder and Appeals Tribunal members; media support - apologies if I have omitted anyone !!

Good luck to the teams today and on behalf of the NHRU, enjoy the day !!

Fenton COULL - General Manager

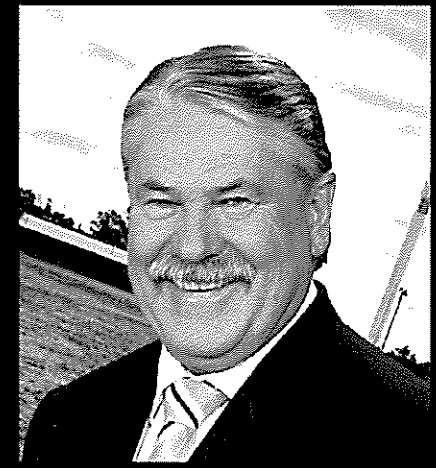
Can't make the game?

*Want to feel every tackle?
Run every ball?*

Watch the Premier 1 Grand Final streamed live on NBN Television with play by play commentary from Mike Rabbitt

Go to www.nbn.com.au and follow the prompts

Full Premier 1 replay from 1.30pm Sunday 15th



Hawks up against it

Regardless of who has been named, Hamilton won't decide on their Grand Final lineup until close to the start of the match, nursing sore bodies and injury from their bruising encounters to get through to the decider the hard way over the last couple of weeks.

Loose forward Steve Sione, fullback Damian Wells, hooker Chris Pusi and skipper Steve Lamont who returned from long term injury recently and played a power packed hand against Wanderers head the walking wounded list.

On the plus side for The Hawks, Aiden Kwast made a successful return from a broken nose and Joe Akkersdyk dispelled rumours of a broken arm to get through the game.

The Hawks accounted for Wanderers by an emphatic 43 points to 8 to book the remaining Grand Final spot and take on a refreshed The Waratahs in their attempt at back to back Premierships. ▲

Hawks Atkins up for fourth title

Hamilton's Brady Atkins came to rugby from the Dark Side and is saddling up for his fourth Grand Final in as many years this Saturday.

Atkins played in three winning Grand Finals with his first rugby club East Maitland and is named in Hamilton Premier 2's front row today for a chance to add a higher grade title to his resume. Enough glory to encourage other converts from football's other rugby code methinks! ▲

Hammerheads scaled and gutted

Southern Lakes were left ruing their discipline following their defeat by Muswellbrook last Saturday, The Heelers taking the Grand Final

by 22 points to 20 after converting a last gasp penalty against Southern Lakes in the First Division A Grade Grand Final.

Down 20 points to 19 and with the referee counting the seconds, Southern Lakes infringed and conceded a penalty twenty eight metres out for sharpshooting Dylan Smith to pilot over for the points to turn the game.

The Grand Final win is Muswellbrook's first A Grade Premiership since 2002 and their second since joining Newcastle & Hunter Rugby from Upper Hunter. ▲

Premier 3 decider meeting of old foes

Sporting names from past Premier 1 deciders, the Premier 3 Grand Final clash between the Two Blues and Merewether Carlton is just the game to whet the whistle for the afternoon.

The two have met on similar occasions more than once and a quick look at Union records shows the spoils close to even over the years. ▲

Vale Frank Clinton

Anderson Medal winner from 1956, Frank Clinton, passed away last week after a long illness, his funeral held last Friday.

At the time of his passing Frank was 85, he won the Anderson Medal as a 30 year old and continued to play First Grade rugby until he was 39.

He was a halfback who played for Mayfield East for over 10 years, accumulating 150 First Grade games for the club during that time. He was also active in other football codes and was an accomplished half back for South Newcastle around the same time.

It was a halcyon time for Newcastle Rugby League, The Lions one of the dominant clubs of the time and Newcastle a force to be reckoned

with in Rugby league Internationals against the American All Stars and Great Britain.

Rugby Union and its professional cousin no place for the fain hearted in the 1950's!

Frank played against multiple Anderson Medal winner Cyril Burke, 1964 winner Les Cook and Don Faulkner who was the recipient in 1965. ▲

Blacks quietly confident

Maitland's Premier 2 side goes into this Saturday's decider quietly confident, but ever respectful of rivals Hamilton.

They may have defeated The Hawks in both competition rounds as well as the Major Semi Final, but according to Blacks coach Rob Tynan, Grand Finals are a different kettle of fish.

'We have our plan for the game but are ready for any surprise Hamilton dish up, we've trained to be adaptable and are ready for any surprises,' he said. ▲

Singleton B & C Grade Premiers

The Bulls capped a successful season with First Division B Grade and Second Division C Grade titles last Sunday in the lower division Grand Finals.

Particularly sweet would have been the C Grade win over long time rivals, Singleton Army but equally so would have been their 16 points to 3 win over arch rivals, Muswellbrook.

'Good to hear The Bulls supporters cheering again,' club stalwart Anthony Partridge said.

Despite being named on the bench, Partridge played a vital role in the C Grade win with a game long effort. ▲

Grand Final Day timetable – a well oiled machine

Saturday's Premier Grand Finals have been planned to run like a well oiled machine with a

precise timetable in place to ensure the success of the afternoon.

Here's a run down on how the day will unfold.

- **9.00 am** – Gates Open
- **10.00 am** – Bars/ food concessions open
- **10.05 am** – Premier 3 kick-off- Merewether Carlton v. Wanderers
- **11.15 am** – Premier 3 Presentation
- **11.35 am** – Premier Colts kick-off- Merewether Carlton v. Hamilton
- **12.55 pm** – Premier Colts Presentation
- **1.05 pm** – Premier 2 kick-off- Maitland v. Hamilton
- **2.25 pm** – Premier 2 Presentation
- **2.35 pm** – Hunter School of Performing Arts Band
- **2.45 pm** – Fastest Man in the Union Sprint
- **2.49 pm** – Sprint Presentation
- **2.55 pm** – The Waratahs and Hamilton teams introduced onto ground
- **2.57 pm** – Hunter School of Performing Arts perform National Anthem
- **3.00 pm** – Premier 1 kick-off – The Waratahs v. Hamilton
- **4.40 pm** – Premier 1 Presentation

Lake Macquarie holiday program continues Junior focus

Building from the bottom up offers more in the way of success than building from the top down goes the theory and Lake Macquarie Rugby Club has picked up that ball and is running with it with a Rugby Skills Clinic planned for girls and

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Lake Macquarie Rugby Club



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"Wanna be a wallaby – rather be a roo!"

NHRU Rugby Round Up

boys from 5 – 14 years in the upcoming school holidays.

On-field sessions over the two days of the clinic will cover the key skills area of catch and pass, evasion, kicking, contact tackle, ruck and maul. The program will be fun and rewarding with a commitment to quality coaching outcomes. During each day, players will be put into their age groups and modified games will be played, Under 7s playing Walla Rugby.

When Wednesday 25th and Thursday 26th September 2013

Where Lake Reserve Road Speers Point, NSW

The clubs Premier 1 coach Ryan Dunnett is the coordinator, contact Ryan on:

kiwi9coach@yahoo.co.nz to book a spot and for more information.

Lake Macquarie's Skills Clinic will teach the basics to players aged from Under 5's through to Under 14's.

The day featured clubs from across the Zone and produced some exciting results as borne out by the results below.

'It was a fantastic day, great crowds, wonderful rugby, the day went off without a hitch,' Juniors President Greg Sellers said.

'The Under 15 and Under 16 deciders were real nail biters as is indicated by the scores,' Greg said. ▲

UNDER 10

MAITLAND BLACK 19 MEREWETHER CARLTON 5

UNDER 11

SINGLETON 26 MAITLAND 14

UNDER 12

MEDOWIE 31 WANDERERS 14

UNDER 13

EAST MAITLAND 17 NELSON BAY 5

UNDER 14

MEREWETHER GREEN 31 NELSON BAY 5

UNDER 15

MEREWETHER GREEN 14 WANDERERS 13

UNDER 16

EASTS 32 WANDERERS 26

UNDER 18

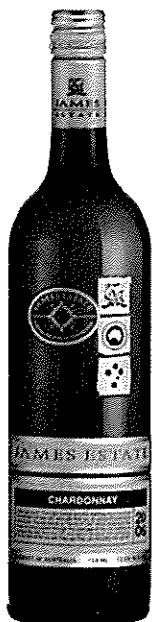
WANDERERS 46 SINGLETON 20

Going for gold!

Long time Junior supporter Peter Sarroff has accepted a role with the Australian Rugby Union as co-ordinator for the Junior Gold Program for Under 15 and Under 17 players, in which Hunter Juniors will compete.

The nationally co-ordinated competition will provide a pathway for talented Juniors and will feature 48 teams from across the country with the key goals to reduce the large financial cost to young players under the present pathway and to increase the access to a larger pool of high level coaching and representative rugby program opportunity.

There will be 24 teams nationally in each age



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James Estate Wines, through the development of the estates vineyard capacity and full utilisation of its winemaking and storage facilities, produces premium quality wine for the domestic and export markets, in particular to Japan, UK and USA.

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Junior skills are the focus of Lake Macquarie's rugby holiday camp.

Junior season done and dusted

Hunter Juniors wrapped up their season last Saturday with the Grand Finals at Passmore Oval.



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NHRU Rugby Round Up

division with the competition going through to a national final in March 2014.

Gropers lay foundations for 2014

The Gropers have tied up their coaching staff for season 2014.

The former Newcastle & Hunter Colts assistant coach Darren Hancock is coming back to the club after a five year hiatus to coach Premier I.

He brings with him former Canterbury NRL player and former Northern Blues coach Robert Relf as his Conditioning coach and assistant.

The club has also brought back Michael Squires as the Premier Colts mentor with Todd Workman. Squires coached the side to the Semi Finals in 2012 before missing most of this season due to work commitments.

Former Colts representative side manager Scott McManus will manage the Premier 1 side with

the club set to announce a well credentialed coach for their Premier 2 side shortly. ▲

Grand Finals to script

Grand Finals in the top three grades are to script with the Minor Premiers in each to play the second placed side on the competition ladder.

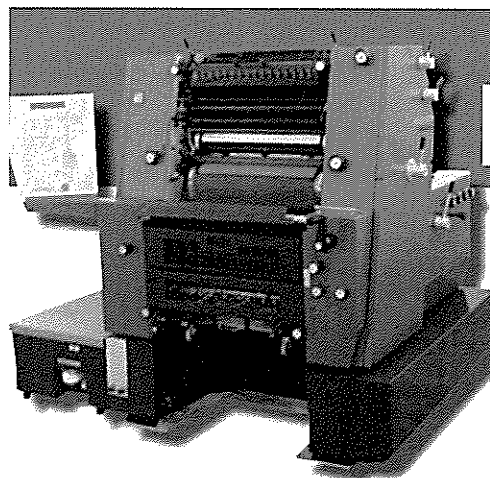
The exception is Premier 3's where Minor Premiers Maitland missed out on a jersey following their defeat by Wanderers in last Saturday's Final.

The Two Blues take on old foes Merewether Carlton in Premier 3 action to start the day. ▲

Iconomou outstanding

Hamilton flyer Arty Iconomou celebrated his glamour pic as the cover boy on last week's Rugby News with a three try haul against the Two Blues.

Sporting biceps like an Arnie look alike, Iconomou's pic came from the Major Semi Final against The Waratahs courtesy of Union photographer, Carl Diespecker. ▲



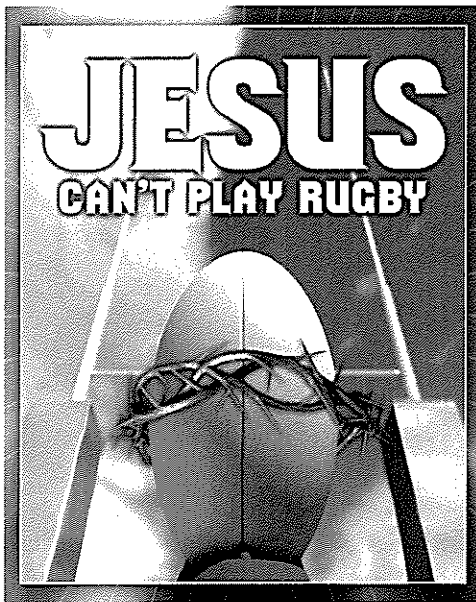
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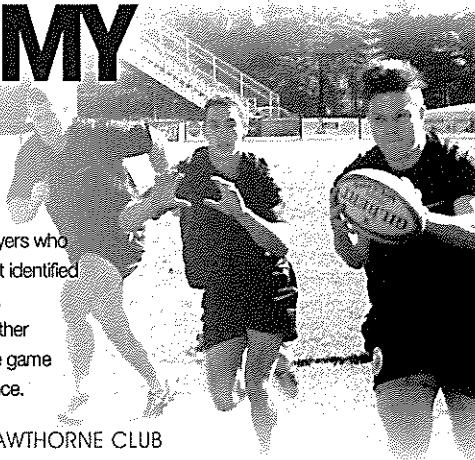
- Coaching coordinator.
- Club coaches for all Premier grades
- Club managers for all Premier grades
- Club strength and conditioner trainer.
- Medical support staff / trainers for all grades
- Rugby operations manager.

Applications along with supporting resumes should be addressed to the Club Secretary via email to c.delore@bigpond.com and or posted to The Secretary Southern Beaches Rugby Club P.O. Box 5116 Kahibah NSW 2290 by 30-10-13.



The Hawthorne Club

THE HAWTHORNE ACADEMY



The Hawthorne Academy is part of the Rugby Support Program developed by The Hawthorne Club, ARU and Newcastle & Hunter Rugby Union.

- > The Academy is a talent optimisation program targeting players who have finished the ARU Junior Gold Program and other talent identified rugby players in the Hunter between the ages of 18 and 23.
- > The Academy provides a unique opportunity to work with other talented players and high level coaches, in order to increase game knowledge and skill sets to improve their on-field performance.

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NHRU Rugby Round Up

Waratahs Old Boys luncheon report

The Waratahs Old Boys held their Annual Sportmens Lunch last Friday at Merewether Golf Club where Guest Speaker was HSBC Waratahs Head Coach, Michael Cheika.

Mike Rabbitt was Master of Ceremonies for the afternoon and did a great job keeping the day on track and conducting the memorabilia auctions and raffle.

The audience was a mix of the Newcastle rugby fraternity and the 110 guests were captivated by Cheika who related stories from his playing days at Randwick, in Italy and in France plus his coaching days at Leinster in the United Kingdom.

He held the audience's attention when he outlined his vision for the HSBC Waratahs, what he was looking for in player performance and attitude. His belief that hard work and the pain of losing, build a capacity and culture of winning and that you need to experience one first to achieve the other.

He spoke in plain and direct terms about player management, goal setting and his expectations as a coach. He delivered his address with passion and a clear sense of direction.

Michael stayed on and chatted as well as



The Waratahs Tino Falefata, Auvasa Falealii, Tyson Tenari and Pala Palupe chat with NSW Waratahs Coach Michael Cheika at the club's luncheon last Friday.

spending time getting his photo taken with guests.

On his performance at The Waratahs luncheon, the Hawthorne Club, who have Chieka booked to speak at their Grand Final Luncheon this Friday will not be disappointed. ▲

Unions fastest man to be decided

Courtesy of the Cooks Hill Hotel, the Union's fastest man is set to be decided with a field of Carl Lewis wannabes set to do battle at half time in the premier 1 Grand Final this Saturday.

The Cooks Hill Hotel has provided generous prizemoney for the first three places together with an equal amount in open orders to be spent at the hotel for the first three across the finishing line.

The field, together with the clubs they are representing are as follows. ▲

Hamish Lorang – *Wanderers*

Seth Adams – *East's*

Daniel Marshall – *Southern Beaches*

James Wilkinson – *University*

Francis Deng – *The Waratahs*

Chris Logan – *Maitland*

Ed Bacigalupo – *Merewether Carlton*

Can't get to the games this weekend?

Don't fret, there are lots of other avenues for your rugby fix.

Ross Allen's All Sports Radio will be live streaming the Premier 3, Premier Colts and Premier 2 Grand Finals on the web and BarTV will feature each of the four games at venues around the city during the next week or so.

In a major coup for the Union, besides their live stream of the Premier 1 Grand Final, NBN Television will broadcast the full game from 1.30pm Sunday, just before the Knights NRL game at Hunter Stadium.

Prime time rugby, you can't beat that. ▲



HAMILTON RUGBY CLUB

Hamilton Hawks Rugby Club invites applications from suitably qualified individuals for the following Coaching/Staff positions for the 2014 Season

Club Coaching Director/ 1st Grade Coach

Applicants must meet the following criteria:

- Accredited Level 2 Coach
- SmartRugby Compliant
- Embrace the Hamilton Hawks Rugby Clubs Principles & Culture
- Control & direct Clubs Academy (Nov-March) Construct Preseason Training Plan
- Create a disciplined/relaxed environment & playing structures which provide attractive /enjoyable Rugby as well as instil ambition to play at a higher level

2nd,Colts & 3rd Grade Coaches and Managers.

Sports Conditioning Trainer

Applicant resumes must fully detail qualifications, experience and provide referees with contact details.

Applications close at 5.00pm on Monday, 30th September 2013, with appointments announced during October 2013.

Applications in writing to: Brett Sutherland
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NHRU Rugby Round Up

Hawthorne Challenge Cup, icing on the cake.

To win is what we all clubs strive for, to win while in possession of either the Hawthorne Cup for Premier rugby or the Hawthorne Shield for First Division is a real bonus!

Total prizemoney accompanying the Hawthorne Challenge Cup in 2013 was \$7000 according to club sources, broken up as follows:

Hamilton \$1,100

Lake Macquarie \$500

Maitland \$500

Merewether Carlton \$500

Southern Beaches \$1,600

The Waratahs \$2,300

Wanderers \$500

The end of season holder is Southern Beaches who will defend the Cup when competition commences in 2014.

In the First Division Hawthorne Challenge Shield, prizemoney totaled \$2500 with the following clubs benefitting:-

Cooks Hill \$125

East Maitland \$375

Muswellbrook \$1,000

Southern Lakes \$1,000

In addition to the weekly prizemoney for successful defence of the trophies, the Hawthorne Club presents \$2000 to the Major Premiers with Hamilton recently receiving their spoils from their 2012 Grand Final win.

Additionally, the Hawthorne Club supports the local Referees Association and Hunter Juniors have been well supported the club's generosity for many years. ▲



Industrial Maintenance >

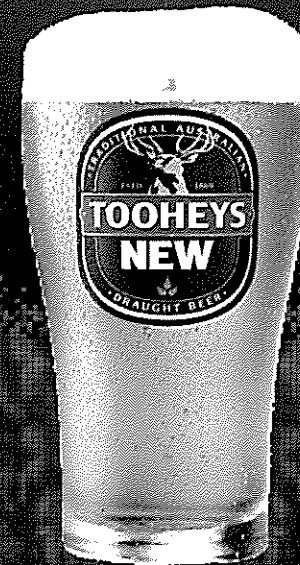
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Please visit us at www.hunterceramics.com.au for further details on the services we provide.

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Premier 1 Grand Final

No.2 Sportsground, Saturday 14th September 3pm - 40 minutes each way + injury time

The Waratahs

Colours: Crimson & Black

THE WARATAHS



Vs

Hamilton

Colours: Blue & Gold



COACH:
 Scott COLEMAN

- 1 Josh AFOA
- 2 David FARRAR
- 3 Alain MIRIALLAKIS
- 4 Todd McDEAN
- 5 Kallan DONNELLY
- 6 Tyson TENARI
- 7 Dylan HEINS
- 8 Pala PALUPE ©
- 9 Auvasa FALEALLI
- 10 Carl MANU
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- 2 Chris PUSI
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- 14 Arty ICONOMOU
- 15 Ben HARRISS

Referee: Jarryd LOGAN

Asst. Referee's: Corey BELL, Robert D'ELBOUX

No. 4: John FARMER

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Premier 2 Grand Final

No.2 Sportsground, Saturday 14th September 1.05pm - 35 minutes each way + injury time

Maitland

Colours: Black

Vs

Hamilton

Colours: Blue & Gold

COACH:
Robert TYNAN



COACH:
Brett WHITE

- 1 Kurt COURTNEY
- 2 Sean O'CONNER
- 3 Adrian CUNNINGHAM
- 4 Rhys LLOYD
- 5 Pat FARRELL
- 6 Matt AFFELCK
- 7 Adam PRINCEHORN
- 8 Steve BELCHER
- 9 Luke CUNNINGHAM
- 10 Matt JARRETT
- 11 Rob WILLIAMSON
- 12 Jordy LANTRY
- 13 Zade GOODENOUGH
- 14 Jayde LANTRY
- 15 Joe LAVIS ©

- 1 Brady ATKINS
- 2 Jono CODY
- 3 Tom LAMONT
- 4 Aiden KWAST
- 5 Greg PEARCE
- 6 Dean WOODS
- 7 Hamish SPENCE
- 17 Shaun CONNOLLY
- 9 Matt FERRY ©
- 10 Jason KEELAN
- 11 Tom BLOMLEY
- 12 Sam PARSONS
- 13 Scott QUINN
- 14 Matt DAN
- 15 Nick MOLLOY

Referee: Alexander KENNEDY

Asst. Referee's: Tony CALDER-MASON, Ian BRYSON

No. 4: Martin GRAY

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Premier Colts Grand Final

No. 2 Sportsground, Saturday 14th September 11.35am - 35 minutes each way + injury time

Merewether Carlton Vs

Hamilton

Colours: Bottle Green & White

Colours: Blue & Gold

COACH:
Paul O'ROURKE



COACH:
Shaimus LAUTAIMI

- 1 Cody FENWICK
- 2 Alex DIMOVSKI
- 3 Joel COBURN
- 4 Shaun RICH
- 5 Sam TOOTH
- 6 Pat IRELAND
- 7 Duncan SCHUMACK
- 8 Mackensie RAE ©
- 9 Rhys STEVENS
- 10 Jaden HETHERINGTON
- 11 Max BRYANT
- 12 Kieran DANOVARO
- 13 Connor O'LEARY
- 14 Luke TOOVEY
- 15 Pratik AHUJA

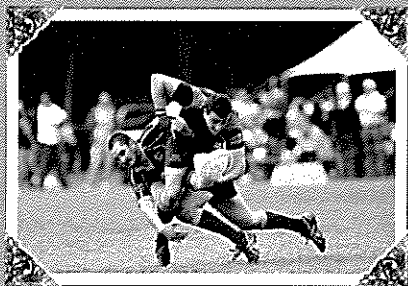
- 1 Ben TACON
- 2 Matt FAIRBAIN ©
- 3 Faavae SILO
- 4 Tom HOWARTH
- 5 Sam BRENNAN
- 6 Jackson COWAN
- 7 Jak HOSCHER
- 8 Chris NAGY
- 9 Noah CHURCH
- 10 Lewie NELSON
- 11 Sam EMMERTON
- 12 Mark DRURY
- 13 Billy CLAY
- 14 James WRAY
- 15 Flynn COMERFORD

Referee: Robert D'ELBOUX

Asst. Referee's: Todd BOWD, Nick CHARTERS

No. 4: Eric MCKENZIE

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NHRU



Singleton Bulls Rugby Union Club invites
applications for the following positions for
the 2014 season.

- Club Coaching Director/1st grade Coach
- 2nd grade Coach
- 3rd grade Coach
- Colts Coach
- Managers for all grades and Colts
- Club strength & conditioning trainer
- Medical support staff/trainers for all grades
- Rugby Operations Manager

Applications along with resumes should be
addressed to the Club Secretary, either by email to
acruickshanks.singleton@ljh.com.au

or posted to The Secretary Singleton Rugby Union Club,
PO Box 87, Singleton, 2330 by 12
October 2013.



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Premier 3 Grand Final

No.2 Sportsground, Saturday 14th September 10.05am - 30 minutes each way + injury time

Merewether Carlton

Vs

Wanderers

Colours: Bottle Green & White

Colours: Light Blue & Dark Blue

COACH:
Tim WOOLF
Michael DAN



COACH:
Coaches STEVE LEE
Brian LEWIS

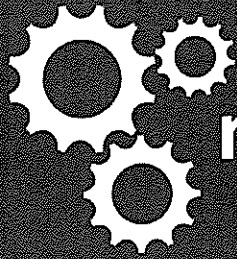
- 1 Luke TRESSIDER
- 2 Dan NEADER
- 3 Cal BLANCH
- 4 Reece NOLAN
- 5 Nick RILEY
- 6 Chris JONES
- 7 Sam DART
- 8 Paul HUGHES ©
- 9 Dean BERTOS
- 10 Chris WILLIAMS
- 11 Chris BENNETT
- 12 Tyne OWEN
- 13 Evan RENFREW
- 14 Paul MOUNTFORD
- 15 San SPITERI

- 1 Tony SAMBELL
- 2 Aaron BEASLEY
- 3 Peatrie BIRNEY
- 4 Luke GIBSON
- 5 Brad GIBSON
- 6 Rory FARRAGHER
- 7 Mick NOONAN
- 8 Ian GRAY
- 9 Nathan SHERWOOD
- 10 Darren YOUNG ©
- 11 Mitch GIBSON
- 12 Julian MORTON
- 13 Matt KAVANAGH
- 14 Luke MILLER
- 15 Liam MCNEILL

Referee: Des GILBERT

Asst. Referee's: Simon ASHWORTH, Perry COLLIER

No. 4: Lewis McGEOCH



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New competition structure proposed.

The Sub Committee charged with making recommendations to the Board of Newcastle & Hunter Rugby about competition structure has finished its work, with the consensus that a more viable competition would be an eight team Premier competition their preferred option.

Given the report on their work, which highlighted a number of factors important to the sustainability and growth of the code across the Zone, the Board has decided to proceed to the recommended structure for 2014.

The Sub Committee comprised a cross section of representatives from the clubs, divisions and contained representatives from the Referees and Juniors and they are currently working on a set of assessment tools in determining those clubs that will compete in the new competition.

At this stage, no decision has been made on those clubs that will be included in the premier level competition.

Forfeits across all competitions and team withdrawals were important considerations for the Sub Committee, as was the poor retention of players from year to year, present statistics indicating that up to 600 players are lost from local rugby each year.

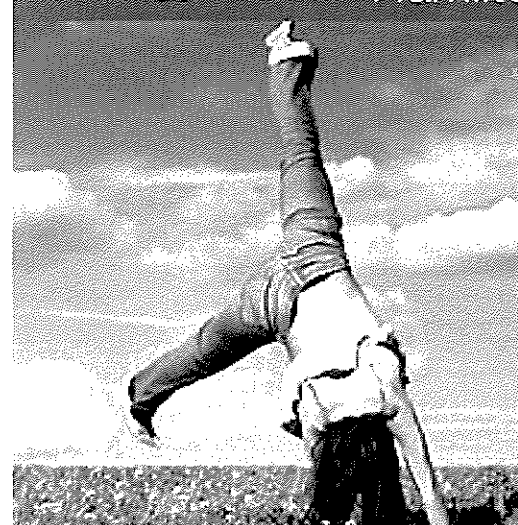
The need for quality over quantity was another factor discussed as well as the need for players to have an opportunity to play at the level at which they feel comfortable.

Other factors included providing a safe environment for all participants and the long term viability of clubs, not just from a financial perspective but from a sustainability aspect as well.

The Board will look at the Sub Committee's recommendations for each of the competitions proposed for 2014 before submitting the detail for Premier Division to a Special General meeting on October 28th where member clubs will have the opportunity to endorse the Board's recommendation.

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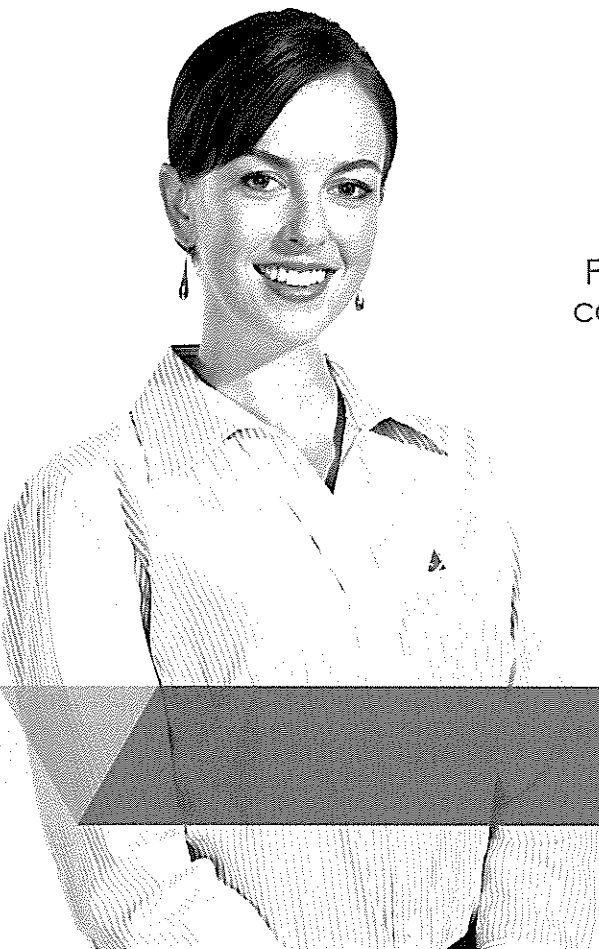
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Code of Conduct

All participants in the Newcastle & Hunter Rugby Union are bound by the Country Rugby Union Code of Conduct, a copy of which appears below.

- (a) Not to bet on the outcome or any other aspect of a Rugby Football match or competition.
- (b) Not to throw or fix a match, try to achieve a contrived outcome to a match or a competition, or otherwise influence improperly the outcome or any other aspect of a match or competition.
- (c) Not to seek or accept a bribe or other benefit mentioned in paragraph (b)
- (d) To report immediately to the ARU any offer or bribe or other benefit to do anything mentioned in paragraph (b) or any attempt by any other person to do anything mentioned in paragraph (a) or (b).
- (e) Not to engage in any doping practice as defined in the ARU's Doping By-Laws
- (f) To comply with the ARU's Safety Directives for Referees, Coaches and Players.
- (g) Not to repeatedly breach the Laws of the Game relating to Foul play or Misconduct.
- (h) Not to abuse, threaten or intimidate a referee, touch judge or other match official, whether on or off the field, or a selector, coach, manager or other team official.
- (i) Not to show obvious dissension, displeasure or disapproval towards a referee, touch judge or other match official, his or her decision or generally following the decision of a match official.
- (j) Not to use crude or abusive language or gestures toward referees, touch judges or other match officials or spectators.
- (k) Not to do anything which is likely to intimidate, offend, insult or humiliate another participant on the ground of race, colour or national or ethnic origin of that person.
- (l) Not to conduct themselves in any manner, or engage in any activity, whether on or off the field, that would impair public confidence in the honest and orderly conduct of matches and competitions or in the integrity and good character of participants: and
- (m) Not to do anything which adversely affects or reflects on or discredits the game of Rugby Football, the ARU, any Member Union or Affiliated Union of the ARU, or any squad, team, competition, tournament, sponsor, official supplier or licensee, including, but not limited to, any illegal act or any act of dishonesty or fraud.

The above Code of Conduct should be read in conjunction with the Rules & By Laws of Newcastle & Hunter Rugby Union.

UNIVERSITY



Newcastle University Rugby Club is going through a period of positive change and is in the process of rebuilding and restructuring the whole club. As a result we have formed alliances with other major rugby universities throughout Australia who are mentoring the club through this process. We are seeking expressions of interest in the following roles:

1. Head Coach
2. Lower grade Coaches
3. Team Managers
4. Trainers
5. Committee Members

Newcastle University Rugby Club has a unique and fantastic culture which is lead predominately by young men. If you are after a fresh start or new to town and feel your efforts will contribute to growth of this culture and the young men that form it, please get in contact with Sam Paddison (on the details below). The clubs aim is to be Number 1 long term on and off the field.

P: 0402739727
E: sam@qwb.com.au

Wanderers Rugby Football Club - Newcastle

Expressions of Interest for 2014 Season Positions



Wanderers Accelerated Development program Building better people – Building better rugby players

The Wanderers Rugby Football Club is calling for aspiring young players wishing to apply for the 'Wanderers Accelerated Development Program', which is a truly unique, holistic and advanced rugby development program in regional Australia.

The Accelerated Development Program has been designed and implemented by Todd Loudon to expose participants to the latest world rugby techniques and tactics, specialised positional coaching, statistical analysis, medical screening, life skills, specific training camps, competitions and facilities, in order to promote the accelerated development of players, on and off the field.

In line with the principles and ethos of the Wanderers Rugby Football Club, the club does not pay players, but rather supports players through a substantial non-financial support package to maximise player development. The program includes medical, access to a rugby specific gym, specialised coaching, personalised strength and conditioning, a valued array of training kit, rugby skills coaching analysis, supplements and nutritional support, as well as strategic schedule of life and rugby skill lectures.

If you want to be a part of the best rugby development program in regional Australia, and you have the drive, the commitment and a strong sense of club culture, please contact Julian Morton via email at julian@jme.net.au for an application form. Interviews will take place once applications have been received and processed by the club.

The Wanderers Accelerated Development Program will start in November 2013.

Building better people – Building a better rugby club

The Wanderers Rugby Football Club is always welcoming of Coaches, Managers, Strength & Conditioning Coaches, Medical Practitioners and Volunteers looking to join a greater team in a dynamic and vibrant club that is aiming to become the best regional sporting club in Australia.

The holistic Player and Coach development program is headed by Todd Loudon who is renown for establishing cutting edge and best practice programs in both the professional and club arena.

If you are interested in becoming a highly valued Volunteer and Member of the greater Wanderers team or being part of a truly unique state of the art country rugby development program please contact Julian Morton via email at julian@jme.net.au

www.wanderersrugby.com.au

Last Week Results

7th September, 2013

Premier Finals

Premier 1

Hamilton 43 def Wanderers 8

Premier 2

Hamilton 25 def Stn Beaches 14

Premier Colts

Hamilton 37 def University 12

Premier 3

Wanderers 18 def Maitland 14

First & Second Division

Grand Finals

A Grade

Muswellbook 22 def Stn Lakes 20

B Grade

Singleton 16 def Muswellbrook 3

C Grade

Singleton 21 def Army 8



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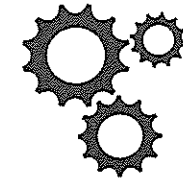
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2013 Top Try Scorers & Top Point Scorers



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2013 Top Try Scorers

Name	Club	Total
Hayden PEDERSEN	The Waratahs	29
Ryan LAMB	Merewether Carlton	15
Daniel MARSHALL	Southern Beaches	15
Lewis DUNN	Merewether Carlton	14
Lachlan GULLIVER	Maitland	12
Sireli BAINIVALU	Hamilton	12

Top Point Scorers

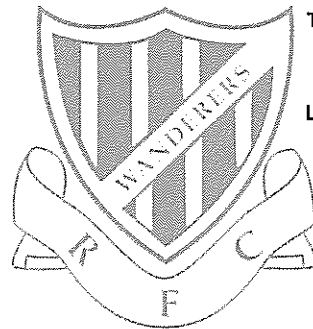
Name	Club	T	G	PG	FG	Total
Tim RILEY	The Waratahs	10	74	11	0	231
Ryan McCORMACK	Maitland	4	44	17	0	159
Brendan HOLLIDAY	Lake Macquarie	8	38	13	0	155
Hayden PEDERSEN	The Waratahs	29	0	0	0	145

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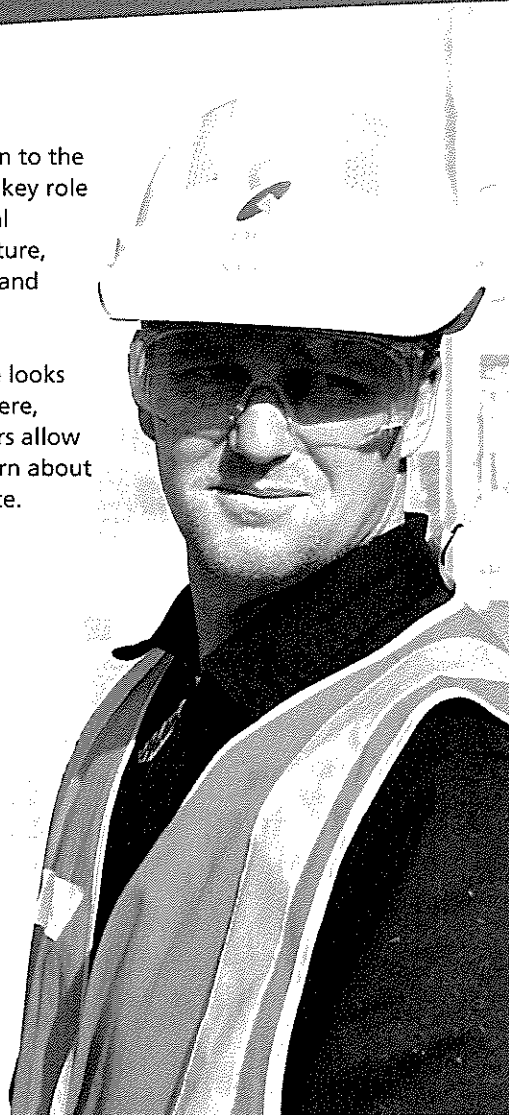
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Premier Club Championship
2013



Club	P1	P2	PC	P3	Total
Hamilton	504	330	308	136	1278
Maitland	399	435	236	172	1242
M/Carlton	448	305	300	150	1203
Wanderers	413	320	248	124	1105
Southern Beaches	399	325	120	94	938
The Waratahs	462	115	64	60	701
University	112	230	240	82	664
Lake Macquarie	357	95	52	28	532
Nelson Bay	105	30	172	12	319
Easts	56	80	48	28	212

First Division Club Championship
2013



Club	A	B	Total
Singleton	385	243	628
Muswellbrook	395	198	593
Southern Lakes	380	171	551
East Maitland Eagles	235	117	352
Cooks Hill	180	153	333
M/Carlton	125	126	251
Griffins	105	48	153

2013 Competition Points Score

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Premier 1

Club	P	W	L	D	B	FOR	AG	BO	P
Hamilton	18	14	4	0	0	636	289	16	72
The Waratahs	18	13	5	0	0	754	386	14	66
M/Carlton	18	13	5	0	0	586	269	12	64
Wanderers	18	12	6	0	0	626	294	11	59
Maitland	18	11	7	0	0	617	528	13	57
Stn Beaches	18	11	7	0	0	472	424	13	57
Lake Macq	18	10	8	0	0	499	453	11	51
University	18	3	15	0	0	312	782	4	16
Nelson Bay	18	2	16	0	0	327	866	7	15
East	18	1	17	0	0	207	745	4	8

Premier Colts

Club	P	W	L	D	B	FOR	AG	BO	P
Hamilton	18	17	1	0	0	528	140	9	77
M/Carlton	18	15	3	0	0	511	151	15	75
Wanderers	18	12	6	0	0	578	305	14	62
University	18	12	6	0	0	618	255	12	60
Maitland	18	13	5	0	0	493	281	7	59
Nelson Bay	18	8	9	1	0	451	375	9	43
Stn Beaches	18	5	13	0	0	370	424	10	30
The Waratahs	18	2	14	2	0	238	745	4	16
East	18	2	16	0	0	231	624	4	12
Lake Macq	18	2	15	1	0	270	988	3	13

Premier 2

Club	P	W	L	D	B	FOR	AG	BO	P
Maitland	18	18	0	0	0	916	102	15	87
Hamilton	18	13	5	0	0	673	209	14	66
Stn Beaches	18	12	6	0	0	757	239	17	65
Wanderers	18	13	5	0	0	673	268	12	64
M/Carlton	18	12	6	0	0	620	214	13	61
University	18	10	8	0	0	354	484	6	46
Lake Macq	18	4	14	0	0	221	804	3	19
The Waratahs	18	4	14	0	0	357	529	7	23
East	18	3	15	0	0	197	908	4	16
Nelson Bay	18	1	17	0	0	150	161	2	6

Premier 3

Club	P	W	L	D	B	FOR	AG	BO	P
Maitland	18	17	0	1	0	813	127	16	86
M/Carlton	18	15	2	1	0	673	123	13	75
Hamilton	18	13	4	1	0	666	173	14	68
Wanderers	18	12	4	2	0	731	203	10	62
Stn Beaches	18	9	8	1	0	398	409	9	47
University	18	8	10	0	0	373	454	9	41
The Waratahs	18	6	12	0	0	309	669	6	30
Lake Macq	18	3	15	0	0	127	863	2	14
East	18	3	15	0	0	136	744	2	14
Nelson Bay	18	1	17	0	0	96	557	2	6

First Division A Grade

Club	P	W	L	D	B	FOR	AG	BO	P
Muswellbrook	18	16	2	0	3	576	196	15	79
Singleton	18	15	3	0	2	729	167	17	77
Southern Lakes	18	15	3	0	3	726	169	16	76
East Maitl Eagles	18	10	8	0	2	274	505	7	47
Cooks Hill	18	7	11	0	2	444	522	8	36
M/Carlton	18	5	13	0	3	154	353	5	25
Griffins	18	4	14	0	3	190	821	5	21

First Division B Grade

Club	P	W	L	D	B	FOR	AG	BO	P
Singleton	18	16	2	0	2	517	84	17	81
Muswellbrook	18	14	4	0	3	355	200	10	66
Southern Lakes	18	12	6	0	3	268	208	9	57
Cooks Hill	18	10	7	1	2	305	245	9	51
M/Carlton	18	7	9	2	3	317	240	10	42
East Maitl Eagles	18	8	9	1	2	211	253	5	39
Griffins	18	3	15	0	3	145	528	4	16



Coaches and Team Managers

2014 NHRU and HWRU Competitions

The Merewether Carlton Rugby Club is seeking applications from suitably qualified coaches, managers and support staff for the 2014 Newcastle and Hunter Rugby Union and Hunter Womens Rugby Union competitions.

Applications are invited for coaches, managers and support staff for teams competing in the Premier 1, Premier 2, Premier 3, Premier Colts, C Grade, and Womens rugby competitions.

Coaching applicants must address the selection criteria that is available from the club website.

Applications close on Friday 4th October, 2013 and can be emailed in the strictest confidence to MCRC Rugby Manager Jamie Lind at:
jamie.lind@coreprojectgroup.com.au

or alternatively mailed to Jamie at the club's postal address at:
 PO Box 3103, Merewether, NSW 2291

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